

PHYSICAL SKILLS REPORT

Jaime Ortega

Colo Colo Santiago de Chile

age: **22 years** gender: **boy** weight: **85 kg** height: **177 cm** dominance: **right-handed** position: **striker**

Compared to football players of the same age and gender

Speed

30 m sprint

5.0
s

16
%

Strength Endurance

Reduced sit-ups

80
reps

71
%

Agility

T-run

20.0
s

1
%

Explosiveness

Triple Jump

500
cm

3
%

Aerobic Capacity

1000m run

5:50
min

2
%

Coordination

Vault Test

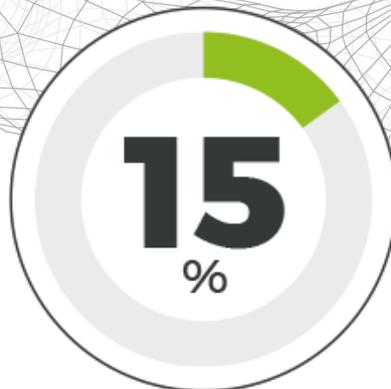
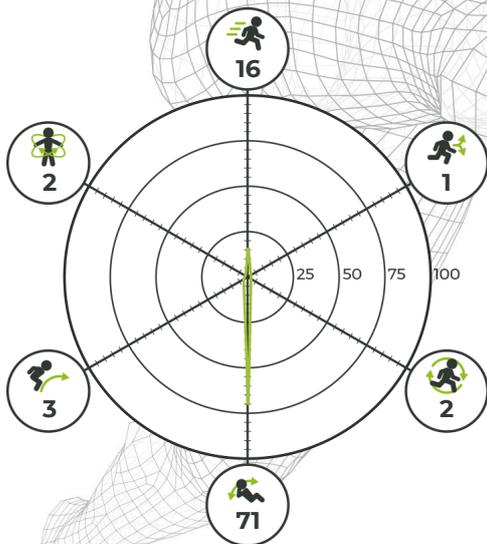
60.0
s

2
%

Analysis of Physical Skills

ProFútbolAnalytics Physical Skills Score

Areas for Improvement



Agility

Aerobic Capacity

